

WEEK ONE – weeks commencing: (01.09.25) (22.09.25) (13.10.25) (10.11.25) (01.12.25)

	Option 1 main	Option 2 main	Option 1 dessert	Option 2 dessert
Monday	Pasta in tomato sauce with cheese & veg	Crispy topped vegetable pie & veg	Apple sponge and custard	Fruit
Tuesday	Roast chicken. Mash, gravy & veg	Pasta and lentil bake & veg	Oat and Raisin cookie	Fruit
Wednesday	Sweet and sour chicken. Rice & veg	Jacket potato & veg. Quorn korma or cheese	Chocolate and pear sponge and chocolate sauce	Fruit
Thursday	Mince in gravy. Mash, Yorkshire pudding & veg	Somerset stew. Mash & veg.	Blancmange	Fruit
Friday	Fish fingers. Duchesse potatoes & veg	Jacket potato & veg. Cheese and/or beans	Banana cake	Fruit

WEEK TWO– weeks commencing: (08.09.25) (29.09.25) (20.10.25) (17.11.25) (08.12.25)

	Option 1 main	Option 2 main	Option 1 dessert	Option 2 dessert
Monday	Pork hotpot & veg	Lentil bolognaise & veg	Fruit crunch and custard	Fruit
Tuesday	Sticky chicken in a wrap. Salad	Quorn Korma. Rice & veg	Carrot cake	Fruit
Wednesday	Beef cobbler. Mash & veg	Jacket potato & veg. Quorn bolognaise or cheese	Peach flapjack and custard	Fruit
Thursday	Sausages. Mash & veg	Mixed bean and root vegetable stew. Mash & veg	Ginger biscuit and apple slices	Fruit
Friday	Tuna and sweetcorn lasagne. Roast root veg	Jacket potato & veg. Cheese and/or beans	Chocolate banana pie	Fruit

WEEK THREE – weeks commencing: (15.09.25) (06.10.25) (03.11.25) (24.11.25) (15.12.25)

	Option 1 main	Option 2 main	Option 1 dessert	Option 2 dessert
Monday	Pizza and salad	Mediterranean veg pasta	Apple crisp and custard	Fruit
Tuesday	Chicken pie. Mash, veg & gravy	Quorn veg paella	Chocolate biscuit	Fruit
Wednesday	Pasta bolognaise & veg	Jacket potato & veg. Quorn mince in gravy or cheese	Banana custard	Fruit
Thursday	Pork casserole. Mash & veg.	Quorn veg wraps & salad	Fruit scone and jam	Fruit
Friday	Salmon fish cakes. Potato wedges & veg	Jacket potato & veg. Cheese and/or beans	Lemon cake	Fruit

Cost of meals £2.35 Smaller portions available for Little Acorns £1.35

All meals served with salad or vegetables from a local supplier. Baked beans are low salt/sugar. All pasta is wholemeal and all rice is 50/50 wholemeal/white.