

**Headteacher**  
Miss S Howden

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20<sup>th</sup> April 2021

### Updated PSHE policy and teaching resources

Parents/Carers,

The Department of Education have updated their guidance for schools on the delivery of their PSHE (Personal, Social, Health and Economic) curriculum. The expectation is that the Primary curriculum includes coverage of Relationship education and Health education. The latest Government guidance can be found on our website. There is an expectation that Primary schools cover the following topics:

Relationships Education (Primary)	Health Education (Primary)
<ul style="list-style-type: none"><li>• Families and people who care for me</li><li>• Caring friendships</li><li>• Respectful relationships</li><li>• Online relationships</li><li>• Being safe</li></ul>	<ul style="list-style-type: none"><li>• Mental wellbeing</li><li>• Internet safety and harms</li><li>• Physical health and fitness</li><li>• Healthy eating</li><li>• Drugs, alcohol, and tobacco</li><li>• Health and prevention</li><li>• Basic first aid</li><li>• Changing adolescent body</li></ul>

To support the school in the delivery of the PSHE curriculum, and to ensure that we are compliant, we have purchased resources from 1Decision. This scheme is used by many local schools and has been recommend to us. 1Decision is a bank of video-based lessons that enables pupils to explore and discuss a range of topics.

### What topics are covered within 1decision?

- Keeping/Staying Safe
- Keeping/Staying Healthy
- Relationships and Sex Education
- Being Responsible
- British Values
- Feelings and Emotions
- Computer Safety
- The Working World
- Fire Safety
- Mindfulness

We have updated our policy, which is available on the school website, along with other resources from 1Decision to give parents the chance to get a flavour of what the children will be learning about.

We request that parents take the time to look at the school website with has the updated policy and resources available, and if you have any questions please share these with us via the office email address [enquires@toyntonprimary.co.uk](mailto:enquires@toyntonprimary.co.uk) by the **7<sup>th</sup> May**.

**Valuing Respect, Relationships, Resilience, Risk-taking, Resourcefulness and Reflection**



You will note from the policy that if you would like to withdraw your child from the Relationship aspect of the curriculum you will need to complete the form within the policy.

Using the resources, we have created a long-term plan, which is documented within the policy, but as we are starting this new scheme now, we have made the decision that we will be teaching the following topics during the remaining two terms of this academic year:

- Keeping safe
- Being responsible
- Relationships

Please note Mighty Oaks will do Y5 elements of keeping safe and being responsible and then the Y5 and 6 elements of the relationship section.

If you have any comments or questions- please do not hesitate to get in touch.

Kind regards,

Mrs Clark (PSHE subject lead) and Miss Howden (Headteacher)

Useful links:

<https://schools.1decision.co.uk/images/How-It-Works/parent-carer-presentation/>

<https://www.1decision.co.uk/resources/parent-carer-zone>

<https://issuu.com/1decisionltd/docs/module-overviews>

EYFS

<https://schools.1decision.co.uk/images/How-It-Works/introduction-to-early-years/>

Key stage 1

<https://schools.1decision.co.uk/images/How-It-Works/intro-to-deedee/>

Key stage 2

<https://schools.1decision.co.uk/images/How-It-Works/intro-to-darlee/>

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