

# Pancake Day Around the World



# A Few Facts

- What we call Pancake Day, is actually Shrove Tuesday.
- 'Shrove' comes from the word 'shrive' which means to ask for forgiveness, which people can do by confession and fasting.
- Pancakes are eaten just before the fast of Lent.
- Some people tend to give something up e.g. a bad habit for Lent.
- Pancake Day and pancakes are called many different things around the world. Some people don't even eat them!

Click on a country to find out about how people in other countries celebrate Pancake Day.

Brazil

Poland

Sweden

Estonia

Ireland

Lithuania

Portugal

Iceland



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# Ireland



The Irish call their Pancake Day M'airt Inide, which means 'Shrovetide Tuesday'.

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# Brazil



**Pancake Day is called 'Mardi Gras' here as well as many other catholic and protestant countries.**

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# Sweden



The Swedish call Pancake Day 'Fettsdagen', which means 'Fat Tuesday'. They eat a pastry called Semla instead of pancakes.

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# Portugal



The Portugese call Pancake Day ‘Carnival’ and they eat ‘Malasadas’, which are similar to doughnuts.

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# Poland



Pancake Day is called 'Fat Thursday' here and is celebrated the Thursday before we celebrate in the UK.



# Estonia



Pancake Day is 'Laskiainen' in Estonia and they eat pea soup along with cream buns called 'Vastlakukkel'.

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# Lithuania



**The Lithuanians eat little doughnuts called 'Spurgos'.**

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# Iceland



Iceland call their Pancake Day 'Sprengidagur', which means 'Bursting Day'. They eat salted meats and peas.

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